



1/16/2007

Dear Coaches,

Welcome to the 2007 Salto National Invitational. The response has been tremendous and we're looking forward to a weekend of exciting gymnastics and fun for all. Please read this coaches' packet carefully and share the information with your gymnasts and their parents. Have a safe trip and we'll see you in February!

Athlete Information – Please check your gym rosters carefully. Make sure everyone you entered appears on your list, and that their names, USAG numbers, and ages are correct. Age is determined as of February 18, 2007. Please contact us promptly with any corrections. No changes will be made once timed warm-up begins.

Split Rosters – After checking your roster please note if your team is split for any given level. If so, we have designated athletes from your roster to be in different sessions. If you wish to change your athletes from one session to another please contact us immediately and we will be happy to accommodate those changes.

Coaches Hospitality – There will be a coaches' room at the meet site that will serve breakfast, lunch, and dinner. Lake Owen Gymnastics Camp is helping to sponsor this room along with the Salto Booster Club. You will not need to buy any food or drink while at the meet site. There will be a coaches' and judges' party at the Sheraton Hotel on Saturday night from 8:30pm until 11:30PM. You won't want to miss this one – free food, drink, and fantastic door prizes for everyone! Put your party shoes on.

Gymnasts Hospitality – The gymnast' party will be held at the Sheraton Hotel on Saturday night from 8:00pm until 11:00pm. A disc jockey will be playing

music while the gymnasts enjoy free pizza, snacks, and drinks. Great door prizes will be given out all throughout the evening. Also, don't forget that every gymnast entered in the meet will receive a free t-shirt. Please, no parents allowed in the pizza party. The food and drink is provided for the athletes.

Meet Format – Traditional Format. Warm up all events on the competitive equipment, and then compete. Timed warm-up begins on your second competitive event. Please have athletes in competition attire by their last warm-up event.

Awards – Custom medals for individual events and all around. Plaques will be given out for team awards. Age divisions for each level are listed below. For team awards the top 3 on each event will count. Individual awards will be handed out after each session. Team awards will be handed out after the last session of each level.

	<u>Children</u>	<u>Juniors</u>	<u>Seniors</u>
Level 4	7 & under	8 yr. Olds	9 & up
Level 5	8 & under	9 & 10 yr. Olds	11 & up
Level 6	10 & under	11 yr. Olds	12 & up
Level 7	10 & under	11 & 12 yr. Olds	13 & up
Level 8	11 & under	12 & 13 yr. Olds	14 & up
Level 9	13 & under	14 & 15 yr. Olds	16 & up
Level 10	15 & under	16 yr. Olds	17 & up

Hotel Information

Sheraton Milwaukee
262-786-1100
375 S. Moorland Rd.
Brookfield, WI 53005
Rate: \$75/night

Admission Prices - \$10 for adults, \$5 for children 6-18 years old. Children 5 & under are free. Coaches and gymnasts have free admission to all sessions.

Equipment – AAI is providing the equipment for the weekend, all of which will be for sale at greatly discounted prices after the competition. If you are interested, call Bob Bradley at 262-241-4546.

If you have any further questions, please don't hesitate to call. Let's look forward to a spectacular weekend! Good luck and we'll see you soon!

Jim Melcarek
Meet Director